

GOALS AND OBJECTIVES FOR OBSTETRIC-MEDICINE

This one-or-two-month long elective rotation is designed for upper level R4/R5 resident in Obstetric-Medicine. Internists will be called upon to co manage pregnant women with acute or chronic medical issues. Hence, it is imperative that internal medicine residents learn to manage acute common problems in pregnancy or in the immediate postpartum.

At the end of the rotation, the resident is expected to:

- **Understand the normal physiological changes & adaptations in pregnancy.**
- **Understand the effect of pregnancy on the disease & vice versa.**
- **Understand the normal blood sugar & insulin changes/ values in pregnancy & ability to diagnose & manage gestational diabetes.**
- **Be able to recognize normal BP in pregnancy & be able to identify distinct types of hypertensive disorders in pregnancy**
- **Know the safety of drugs in pregnancy & lactations.**
- **Know the safety & necessity of radiological investigation during pregnancy.**
- **Identify diseases specific to pregnancy & their proper management.**
- **Be exposed to other medical conditions like rheumatology, endocrine, cardiac or hematological diseases in pregnancy.**